



Allergen Information

Version: 19/09/2026

This document provides all of the information for our menu.

Allergens can be found in **BOLD**.

Please ensure you read this thoroughly.

This document provides information on the named 14 allergens.

Cowgary Burger

Beef Burger

Beef (97%), Potato Starch, Salt, Black Pepper

Flour Bap

WHEAT Flour (**WHEAT** Flour, Calcium Carbonate, Folic Acid, Iron, Niacin, Thiamin), Water, Sugar, Salt, Yeast, Rapeseed Oil, Emulsifiers (E471, E472e), Flour Treatment Agents (E300, E920).

May Contain : MILK, EGGS, SESAME.

Lettuce

Tomato

Red Onion

Caramelised Red Onion Chutney

Re-hydrated Red Onions (48%), Sugar , Red Grape Vinegar , Re-hydrated Onions, Thickening Agent (Modified Maize Starch), Colouring (Plain Caramel) (1%), Sea Salt , Ginger, Preservative (Potassium Sorbate), Cinnamon, Nutmeg.

Mixed Leaf Salad

Balsamic Glaze

*Wine Vinegar (wine, antioxidant: E224 (contains **SULPHITES**)), concentrated grape must, fructose-glucose syrup, Balsamic Vinegar of Modena PGI 20% (wine vinegar (wine, antioxidant: E224, (contains **SULPHITES**)), concentrated grape must, colouring agent: SULPHITE ammonia caramel E150d), modified starch.*

Skin On Fries

Potatoes, Sunflower Oil, Coating 3% [Modified Starch, Rice Flour, Dextrin, Salt, Raising Agents (Diphosphates, Sodium Carbonate), Dextrose, Maltodextrin, Thickening Agent (Xanthan Gum), Spice Extract (Turmeric, Paprika)].

Allergens

Contains:

GLUTEN

SULPHITES

May Contain

Milk

Eggs

Sesame

Grand Massif

Beef Burger

Beef (97%), Potato Starch, Salt, Black Pepper

Flour Bap

WHEAT Flour (**WHEAT** Flour, Calcium Carbonate, Folic Acid, Iron, Niacin, Thiamin), Water, Sugar, Salt, Yeast, Rapeseed Oil, Emulsifiers (E471, E472e), Flour Treatment Agents (E300, E920).

May Contain : MILK, EGGS, SESAME.

Lettuce

Tomato

Red Onion

Caramelised Red Onion Relish

Re-hydrated Red Onions (48%), Sugar , Red Grape Vinegar , Re-hydrated Onions, Thickening Agent (Modified Maize Starch), Colouring (Plain Caramel) (1%), Sea Salt , Ginger, Preservative (Potassium Sorbate), Cinnamon, Nutmeg.

Mixed Leaf Salad

Balsamic Glaze

*Wine Vinegar (wine, antioxidant: E224 (contains **SULPHITES**)), concentrated grape must, fructose-glucose syrup, Balsamic Vinegar of Modena PGI 20% (wine vinegar (wine, antioxidant: E224, (contains **SULPHITES**)), concentrated grape must, colouring agent: SULPHITE ammonia caramel E150d), modified starch.*

Skin On Fries

Potatoes, Sunflower Oil, Coating 3% [Modified Starch, Rice Flour, Dextrin, Salt, Raising Agents (Diphosphates, Sodium Carbonate), Dextrose, Maltodextrin, Thickening Agent (Xanthan Gum), Spice Extract (Turmeric, Paprika)].

Sliced Cheese

*Mature Cheddar Cheese (**MILK**).*

Allergens

Contains:

GLUTEN

SULPHITES

MILK

May Contain

EGGS

SESAME

Eagle Burger

Southern Fried Chicken Burger

Chicken Breast Fillet (62%), Water, Tapioca Starch, Salt, Modified Tapioca Starch, **WHEAT GLUTEN**, **WHEAT** Flour, Onion Powder, Natural Flavour (Black Pepper), Garlic Powder, Spices (White Pepper, Black Pepper, Garlic, Onion, **CELERY**, Oregano, Fennel), Yeast Extract, Raising Agents (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Yellow Corn Flour, **WHEAT** Starch, Dry Yeast, Sugar, Colourings (Paprika Extract, Turmeric Extract), Fully Refined **SOYBEAN** Bean Oil.

Flour Bap

WHEAT Flour (**WHEAT** Flour, Calcium Carbonate, Folic Acid, Iron, Niacin, Thiamin), Water, Sugar, Salt, Yeast, Rapeseed Oil, Emulsifiers (E471, E472e), Flour Treatment Agents (E300, E920).

May Contain : MILK, EGGS, SESAME.

Lettuce

Chipotle Mayo

Rapeseed Oil, Water, Spirit Vinegar, Chipotle Mash (2.5%) (Water, Red Smoked Jalapeno Peppers, Red Jalapeno Peppers, Salt, Acidity Regulator (Acetic Acid)), Glucose-Fructose Syrup, Modified Starch, Salt, Stabiliser (Xanthan Gum), Acidity Regulator (Citric Acid), Preservative (Potassium Sorbate), Smoke Flavouring and Flavouring.

Mixed Leaf Salad

Balsamic Glaze

Wine Vinegar (wine, antioxidant: E224 (contains **SULPHITES**)), concentrated grape must, fructose-glucose syrup, Balsamic Vinegar of Modena PGI 20% (wine vinegar (wine, antioxidant: E224, (contains **SULPHITES**)), concentrated grape must, colouring agent: **SULPHITE** ammonia caramel E150d), modified starch.

Skin On Fries

Potatoes, Sunflower Oil, Coating 3% [Modified Starch, Rice Flour, Dextrin, Salt, Raising Agents (Diphosphates, Sodium Carbonate), Dextrose, Maltodextrin, Thickening Agent (Xanthan Gum), Spice Extract (Turmeric, Paprika)].

Allergens

Contains:

GLUTEN **SOYA**

CELERY

SULPHITES

MILK

May Contain

EGG

SESAME

Spicy Bean Burger

Spicy Bean Burger

Beans (21%) (Cannellini Beans, Kidney Beans, Black Turtle Beans, Haricot Beans, Pinto Beans) Water, Cotton Seed Oil, Breadcrumb (10%) (**WHEAT** Flour, Corn Starch, Rice Bran Oil, Dried Yeast, Salt, **WHEAT** Gluten, Dextrose, Antioxidant: Ascorbic Acid), Onion, Carrot, Potato Flakes, White Rice, **WHEAT** Flour, Tomato Puree (Tomato, Sugar, Salt), Green Pepper, Red Pepper, Maize Flour, Sugar, Garlic, Corn Starch, Salt, Yeast Extract, Red Chili Powder, Cumin Seed Powder, Thickener: Carboxymethyl Cellulose, Oregano.

Flour Bap

WHEAT Flour (**WHEAT** Flour, Calcium Carbonate, Folic Acid, Iron, Niacin, Thiamin), Water, Sugar, Salt, Yeast, Rapeseed Oil, Emulsifiers (E471, E472e), Flour Treatment Agents (E300, E920).

May Contain : MILK, EGGS, SESAME.

Lettuce

Tomato

Red Onion

Caramelised Red Onion Relish

Re-hydrated Red Onions (48%), Sugar , Red Grape Vinegar , Re-hydrated Onions, Thickening Agent (Modified Maize Starch), Colouring (Plain Caramel) (1%), Sea Salt , Ginger, Preservative (Potassium Sorbate), Cinnamon, Nutmeg.

Mixed Leaf Salad

Balsamic Glaze

Wine Vinegar (wine, antioxidant: E224 (contains **SULPHITES**)), concentrated grape must, fructose-glucose syrup, Balsamic Vinegar of Modena PGI 20% (wine vinegar (wine, antioxidant: E224, (contains **SULPHITES**)), concentrated grape must, colouring agent: **SULPHITE** ammonia caramel E150d), modified starch.

Skin On Fries

Potatoes, Sunflower Oil, Coating 3% [Modified Starch, Rice Flour, Dextrin, Salt, Raising Agents (Diphosphates, Sodium Carbonate), Dextrose, Maltodextrin, Thickening Agent (Xanthan Gum), Spice Extract (Turmeric, Paprika)].

Allergens

Contains:

GLUTEN

SULPHITES

May Contain

MILK

EGG

SESAME

7 1/2 Hot Dog

Uncle John's Premium Beechwood Smoked Bockwurst Sausage 7"

Pork (87%), Water, Salt, Dextrose, Spices, Thickener (Carrageenan), Spice Extracts, Antioxidants (Ascorbic Acid, Sodium Ascorbate), Yeast Extract, Stabiliser (Diphosphate), Glucose Syrup, Pork Protein, Preservative (Sodium Nitrite), Beechwood Smoke.

May Contain : CELERY, MUSTARD

Brioche Hot Dog Roll 6"

Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Butter (**MILK**), Pasteurised Liquid Whole **EGG** (7.2%), Sugar, Yeast, Glaze (Water, Vegetable Proteins (Pea, Potato, Faba Bean), Vegetable Oils (Rapeseed Oil, Sunflower Oil), Dextrose, Maltodextrin, Starch), Salt, Emulsifiers[Mono and di-glycerides of fatty acids, Sodium Stearoyl-2 Lactylate, Mono and di-acetyltartaric acid esters of mono and di-glycerides of fatty acids], **WHEAT** Flour, Palm Oil, Acidity Regulator [Acetic Acid], Flour treatment agent [Ascorbic Acid], Rapeseed Oil.

May Contain : SOYBEAN

Ketchup

Tomato puree (made with 168g of tomatoes¹ per 100g ketchup), sugar, spirit vinegar, salt, natural flavourings. ¹Made from sustainably sourced tomatoes.

Mustard

Water, Spirit Vinegar, **MUSTARD** Seed (13%), Salt, Spices, Flavouring.

Mixed Leaf Salad

Balsamic Glaze

Wine Vinegar (wine, antioxidant: E224 (contains **SULPHITES**)), concentrated grape must, fructose-glucose syrup, Balsamic Vinegar of Modena PGI 20% (wine vinegar (wine, antioxidant: E224, (contains **SULPHITES**)), concentrated grape must, colouring agent: **SULPHITE** ammonia caramel E150d), modified starch

Skin On Fries

Potatoes, Sunflower Oil, Coating 3% [Modified Starch, Rice Flour, Dextrin, Salt, Raising Agents (Diphosphates, Sodium Carbonate), Dextrose, Maltodextrin, Thickening Agent (Xanthan Gum), Spice Extract (Turmeric, Paprika)].

Allergens

Contains:

GLUTEN

SULPHITES

EGGS

MILK

MUSTARD

May Contain

CELERY

SOYA

Plant-Based Hot Dog

Moving Mountains Plant Based Hot Dog

Water, vegetables (onion, carrot), vegetable oil (coconut oil), sunflower seeds, thickeners (methylcellulose, carrageenan, konjac), salt, natural flavouring, dextrose, spices, preservative (lactic acid), flavouring, spice extract, colouring (iron oxide), smoke.

Lantmannen 8.5” Baked Sliced Hot Dog Rolls

WHEAT Flour (with Calcium, Iron, Niacin and Thiamin), Water, Sugar, Vegetable Oils (Palm and Rapeseed), Yeast, Salt, Emulsifiers (E472e, E471), Preservative (E282), Flour Treatment Agent (E300).

May Contain SESAME

Ketchup

Tomato puree (made with 168g of tomatoes¹ per 100g ketchup), sugar, spirit vinegar, salt, natural flavourings. ¹Made from sustainably sourced tomatoes.

Mustard

Water, Spirit Vinegar, **MUSTARD** Seeds, Salt, Spices, Flavouring.

Mixed Leaf Salad

Balsamic Glaze

Wine Vinegar (wine, antioxidant: E224 (contains **SULPHITES**)), concentrated grape must, fructose-glucose syrup, Balsamic Vinegar of Modena PGI 20% (wine vinegar (wine, antioxidant: E224, (contains **SULPHITES**)), concentrated grape must, colouring agent: **SULPHITE** ammonia caramel E150d), modified starch.

Skin On Fries

Potatoes, Sunflower Oil, Coating 3% [Modified Starch, Rice Flour, Dextrin, Salt, Raising Agents (Diphosphates, Sodium Carbonate), Dextrose, Maltodextrin, Thickening Agent (Xanthan Gum), Spice Extract (Turmeric, Paprika)].

Allergens

Contains:

WHEAT

MUSTARD

SULPHITES

May Contain

SESAME

Beef Chilli

Authentic British Beef Chilli Con Carne

Minced Beef (26%) (Beef from UK and Ireland), Water, Onions, Kidney Beans (12%), Chopped Tomatoes (6%), Red & Green Peppers (4%), Tomato Puree, Modified Maize Starch, Sugar, Beef Stock [Beef Stock, Onion, Tomato, Carrot Extract, Herbs, Spice, Garlic, Salt, Glucose Syrup, Flavourings, Maltodextrin, Yeast Extracts, Rapeseed Oil, Caramel E150c, Sugar], Natural Colour: [Caramel], Garlic Puree, Chilli Powder, Cumin, Paprika, Oregano.

Tilda Microwave Long-Grain Rice

Cooked frozen parboiled long grain rice.

Skin On Fries

Potatoes, Sunflower Oil, Coating 3% [Modified Starch, Rice Flour, Dextrin, Salt, Raising Agents (Diphosphates, Sodium Carbonate), Dextrose, Maltodextrin, Thickening Agent (Xanthan Gum), Spice Extract (Turmeric, Paprika)].

Allergens

3-Bean Chilli

Authentic 3 Three Bean Smokey Chilli

Mixed Beans (38%) (Red Kidney, Black Turtle, Cannellini), Diced Onions, Water, Chopped Tomatoes, Red Peppers, Tomato Puree, Modified Maize Starch, Sugar, Rapeseed Oil, Cumin, Natural Colour: Caramel, Garlic Puree, Salt, Smoked Paprika, Chilli Powder, Oregano.

Tilda Microwave Long-Grain Rice

Cooked frozen parboiled long grain rice.

Skin On Fries

Potatoes, Sunflower Oil, Coating 3% [Modified Starch, Rice Flour, Dextrin, Salt, Raising Agents (Diphosphates, Sodium Carbonate), Dextrose, Maltodextrin, Thickening Agent (Xanthan Gum), Spice Extract (Turmeric, Paprika)].

Allergens

Chilli Fries/3 Bean Chilli Fries

Authentic British Beef Chilli Con Carne

Minced Beef (26%) (Beef from UK and Ireland), Water, Onions, Kidney Beans (12%), Chopped Tomatoes (6%), Red & Green Peppers (4%), Tomato Puree, Modified Maize Starch, Sugar, Beef Stock [Beef Stock, Onion, Tomato, Carrot Extract, Herbs, Spice, Garlic, Salt, Glucose Syrup, Flavourings, Maltodextrin, Yeast Extracts, Rapeseed Oil, Caramel E150c, Sugar], Natural Colour: [Caramel], Garlic Puree, Chilli Powder, Cumin, Paprika, Oregano.

Authentic 3 Three Bean Smokey Chilli

Mixed Beans (38%) (Red Kidney, Black Turtle, Cannellini), Diced Onions, Water, Chopped Tomatoes, Red Peppers, Tomato Puree, Modified Maize Starch, Sugar, Rapeseed Oil, Cumin, Natural Colour: Caramel, Garlic Puree, Salt, Smoked Paprika, Chilli Powder, Oregano.

Tilda Microwave Long-Grain Rice

Cooked frozen parboiled long grain rice.

Skin On Fries

Potatoes, Sunflower Oil, Coating 3% [Modified Starch, Rice Flour, Dextrin, Salt, Raising Agents (Diphosphates, Sodium Carbonate), Dextrose, Maltodextrin, Thickening Agent (Xanthan Gum), Spice Extract (Turmeric, Paprika)].

Allergens

Eagle Salad

Southern Fried Chicken Burger

Chicken Breast Fillet (62%), Water, Tapioca Starch, Salt, Modified Tapioca Starch, **WHEAT GLUTEN**, **WHEAT** Flour, Onion Powder, Natural Flavour (Black Pepper), Garlic Powder, Spices (White Pepper, Black Pepper, Garlic, Onion, **CELERY**, Oregano, Fennel), Yeast Extract, Raising Agents (Sodium Acid Pyrophosphate, Sodium Bicarbonate), **SOYBEAN** Bean Oil.

Mixed Leaf Salad

Red Onion

Cherry Vine Tomato

Skin On Fries

Potatoes, Sunflower Oil, Coating 3% [Modified Starch, Rice Flour, Dextrin, Salt, Raising Agents (Diphosphates, Sodium Carbonate), Dextrose, Maltodextrin, Thickening Agent (Xanthan Gum), Spice Extract (Turmeric, Paprika)].

Sweet Chilli Sauce

Water, Glucose-Fructose Syrup, Sugar, Spirit Vinegar, Modified Maize Starch, Salt, Garlic Puree (1.2%) (Water, Dried Garlic, Acidity Regulator (Citric Acid)), Onion, Red Chilli (0.5%), Dried Red Pepper, Crushed Chilli, Preservative (Potassium Sorbate), Stabiliser (Xanthan Gum), Ground Chilli, Colour (Paprika Extract), Sweetener (Sodium Saccharin), Colour (Plain Caramel).

Allergens

Contains:

GLUTEN

CELERY

SOYA

Chicken Goujons 3 or 5

Southern Fried Chicken Goujons

Chicken Inner Fillet (55%), **WHEAT** Flour, Water, Tapioca Starch, Salt, Modified Tapioca Starch, **WHEAT** Gluten, Onion Powder, Garlic Powder, Spices (White Pepper, Black Pepper, **CELERY**), Herbs (Oregano, Fennel), Yeast Extract, Raisings Agents (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Yellow Corn Flour, **WHEAT** Starch, Dry Yeast, Sugar, Paprika Extract, Turmeric Extract, Palm Oil.

Mixed Leaf Salad

Balsamic Glaze

Wine Vinegar (wine, antioxidant: E224 (contains **SULPHITES**)), concentrated grape must, fructose-glucose syrup, Balsamic Vinegar of Modena PGI 20% (wine vinegar (wine, antioxidant: E224, (contains **SULPHITES**)), concentrated grape must, colouring agent: **SULPHITE** ammonia caramel E150d), modified starch.

Skin On Fries

Potatoes, Sunflower Oil, Coating 3% [Modified Starch, Rice Flour, Dextrin, Salt, Raising Agents (Diphosphates, Sodium Carbonate), Dextrose, Maltodextrin, Thickening Agent (Xanthan Gum), Spice Extract (Turmeric, Paprika)].

Allergens

Contains:

WHEAT

CELERY

SULPHITES

Jacket Potato

Jacket Potato

Potatoes, Sunflower oil.

Flora

Plant Oils (rapeseed, sunflower 18%, palm), water, salt (1.35%), plant based emulsifier (lecithin), vinegar, natural flavourings, vitamin A.

Mixed Leaf Salad

Balsamic Glaze

Wine Vinegar (wine, antioxidant: E224 (contains **SULPHITES**)), concentrated grape must, fructose-glucose syrup, Balsamic Vinegar of Modena PGI 20% (wine vinegar (wine, antioxidant: E224, (contains **SULPHITES**)), concentrated grape must, colouring agent: **SULPHITE** ammonia caramel E150d), modified starch.

For allergen information on jacket potato fillings, please use the next slides.

Allergens

Contains:

SULPHITES

Jacket Potato - Cheese

Jacket Potato

Potatoes, Sunflower oil.

Flora

Plant Oils (rapeseed, sunflower 18%, palm), water, salt (1.35%), plant based emulsifier (lecithin), vinegar, natural flavourings, vitamin A.

Mixed Leaf Salad

Balsamic Glaze

Wine Vinegar (wine, antioxidant: E224 (contains **SULPHITES**)), concentrated grape must, fructose-glucose syrup, Balsamic Vinegar of Modena PGI 20% (wine vinegar (wine, antioxidant: E224, (contains **SULPHITES**)), concentrated grape must, colouring agent: **SULPHITE** ammonia caramel E150d), modified starch.

Everyday Favourites Grated Mid White Cheddar

Cheddar Cheese (**MILK**), Anti-caking Agent: Potato Starch.

Allergens

Contains:

SULPHITES

MILK

Jacket Potato - Bacon

Jacket Potato

Potatoes, Sunflower oil.

Flora

Plant Oils (rapeseed, sunflower 18%, palm), water, salt (1.35%), plant based emulsifier (lecithin), vinegar, natural flavourings, vitamin A.

Mixed Leaf Salad

Balsamic Glaze

Wine Vinegar (wine, antioxidant: E224 (contains **SULPHITES**)), concentrated grape must, fructose-glucose syrup, Balsamic Vinegar of Modena PGI 20% (wine vinegar (wine, antioxidant: E224, (contains **SULPHITES**)), concentrated grape must, colouring agent: **SULPHITE** ammonia caramel E150d), modified starch.

Unsmoked Rindless Sliced Back Bacon

Pork (85%), Water, Salt, Antioxidant (Sodium Ascorbate), Preservatives, (Sodium Nitrite, Potassium Nitrate).

Allergens

Contains:

SULPHITES

Jacket Potato - Tuna Mayo

Jacket Potato

Potatoes, Sunflower oil.

Flora

Plant Oils (rapeseed, sunflower 18%, palm), water, salt (1.35%), plant based emulsifier (lecithin), vinegar, natural flavourings, vitamin A.

Mixed Leaf Salad

Balsamic Glaze

Wine Vinegar (wine, antioxidant: E224 (contains **SULPHITES**)), concentrated grape must, fructose-glucose syrup, Balsamic Vinegar of Modena PGI 20% (wine vinegar (wine, antioxidant: E224, (contains **SULPHITES**)), concentrated grape must, colouring agent: **SULPHITE** ammonia caramel E150d), modified starch.

Everyday Favourites Tuna Chunks in Brine

Skipjack Tuna (**FISH**), Water, Salt.

Hellmann's Light Mayonnaise

Water, rapeseed oil (25%), spirit vinegar, modified corn starch, sugar, salt, free range **EGG YOLK** (1, 5%), cream powder (**MILK**), citrus fibre, natural **MUSTARD** flavouring, thickeners (guar gum, xanthan gum), **MUSTARD** flour, lemon juice concentrate, antioxidant (calcium disodium EDTA), sunflower oil, paprika extract

Allergens

Contains:

SULPHITES

FISH

EGGS

MILK

MUSTARD

Jacket Potato - Beans

Jacket Potato

Potatoes, Sunflower oil.

Flora

Plant Oils (rapeseed, sunflower 18%, palm), water, salt (1.35%), plant based emulsifier (lecithin), vinegar, natural flavourings, vitamin A.

Mixed Leaf Salad

Balsamic Glaze

Wine Vinegar (wine, antioxidant: E224 (contains **SULPHITES**)), concentrated grape must, fructose-glucose syrup, Balsamic Vinegar of Modena PGI 20% (wine vinegar (wine, antioxidant: E224, (contains **SULPHITES**)), concentrated grape must, colouring agent: **SULPHITE** ammonia caramel E150d), modified starch.

Everyday Favourites Baked Beans

Beans (53%), Tomatoes (25%), Water, Sugar, Glucose - Fructose Syrup, Modified Maize Starch, Salt, Onion Powder, Paprika, Flavourings.

Allergens

Contains:

SULPHITES

Jacket Potato - Chilli

Jacket Potato

Potatoes, Sunflower oil.

Flora

Plant Oils (rapeseed, sunflower 18%, palm), water, salt (1.35%), plant based emulsifier (lecithin), vinegar, natural flavourings, vitamin A.

Mixed Leaf Salad

Balsamic Glaze

Wine Vinegar (wine, antioxidant: E224 (contains **SULPHITES**)), concentrated grape must, fructose-glucose syrup, Balsamic Vinegar of Modena PGI 20% (wine vinegar (wine, antioxidant: E224, (contains **SULPHITES**)), concentrated grape must, colouring agent: **SULPHITE** ammonia caramel E150d), modified starch.

Authentic British Beef Chilli Con Carne

Minced Beef (26%) (Beef from UK and Ireland), Water, Onions, Kidney Beans (12%), Chopped Tomatoes (6%), Red & Green Peppers (4%), Tomato Puree, Modified Maize Starch, Sugar, Beef Stock [Beef Stock, Onion, Tomato, Carrot Extract, Herbs, Spice, Garlic, Salt, Glucose Syrup, Flavourings, Maltodextrin, Yeast Extracts, Rapeseed Oil, Caramel E150c, Sugar], Natural Colour: [Caramel], Garlic Puree, Chilli Powder, Cumin, Paprika, Oregano.

Authentic 3 Three Bean Smokey Chilli

Mixed Beans (38%) (Red Kidney, Black Turtle, Cannellini), Diced Onions, Water, Chopped Tomatoes, Red Peppers, Tomato Puree, Modified Maize Starch, Sugar, Rapeseed Oil, Cumin, Natural Colour: Caramel, Garlic Puree, Salt, Smoked Paprika, Chilli Powder, Oregano.

Allergens

Contains:

SULPHITES

Kid's Sausage & Fries

Celtica Pork 8s Breakfast Sausages

Pork (72%), Water, Seasoning [Rusk [**WHEAT** Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Salt], Salt, Dextrose, Yeast Extract, Ground Black Pepper, Preservative (Sodium **SULPHITE**), Emulsifier (Triphosphates), Hydrolysed Vegetable Protein, Rice Flour, Herb (Parsley), Antioxidant (Ascorbic Acid), Spice Extracts, Herb Extracts], Beef Collagen Casing.

Skin On Fries

Potatoes, Sunflower Oil, Coating 3% [Modified Starch, Rice Flour, Dextrin, Salt, Raising Agents (Diphosphates, Sodium Carbonate), Dextrose, Maltodextrin, Thickening Agent (Xanthan Gum), Spice Extract (Turmeric, Paprika)].

Everyday Favourites Baked Beans

Beans (53%), Tomatoes (25%), Water, Sugar, Glucose - Fructose Syrup, Modified Maize Starch, Salt, Onion Powder, Paprika, Flavourings.

Mixed Leaf Salad

Balsamic Glaze

Wine Vinegar (wine, antioxidant: E224 (contains **SULPHITES**)), concentrated grape must, fructose-glucose syrup, Balsamic Vinegar of Modena PGI 20% (wine vinegar (wine, antioxidant: E224, (contains **SULPHITES**)), concentrated grape must, colouring agent: **SULPHITE** ammonia caramel E150d), modified starch.

Allergens

Contains:

GLUTEN

SULPHITES

Kid's Vegetarian Sausage & Fries

Quorn Vegan Cumberland Sausage

Mycoprotein (32%), Textured **WHEAT** Protein (**WHEAT** Flour, Stabiliser: Sodium Alginate), Water, Vegetable Oils (Rapeseed, Palm), Onions, Seasoning (Yeast Extract, Salt, Potassium Chloride, Herbs (Sage, Parsley), Fructose, White Pepper, Rusk (**WHEAT** Flour, Salt), **BARLEY** Malt Extract, Carrot Powder, Leek Powder, Sage Extract, Nutmeg Extract), Potato Protein, Rusk (WHEAT Flour, Salt, Yeast), **WHEAT** Gluten, Casing (Stabiliser: Sodium Alginate; Cellulose, Modified Starch), Potato Starch, Tapioca Starch, Firming Agent: Calcium Chloride; Pea Fibre.

Skin On Fries

Potatoes, Sunflower Oil, Coating 3% [Modified Starch, Rice Flour, Dextrin, Salt, Raising Agents (Diphosphates, Sodium Carbonate), Dextrose, Maltodextrin, Thickening Agent (Xanthan Gum), Spice Extract (Turmeric, Paprika)].

Everyday Favourites Baked Beans

Beans (53%), Tomatoes (25%), Water, Sugar, Glucose - Fructose Syrup, Modified Maize Starch, Salt, Onion Powder, Paprika, Flavourings.

Mixed Leaf Salad

Balsamic Glaze

Wine Vinegar (wine, antioxidant: E224 (contains **SULPHITES**)), concentrated grape must, fructose-glucose syrup, Balsamic Vinegar of Modena PGI 20% (wine vinegar (wine, antioxidant: E224, (contains **SULPHITES**)), concentrated grape must, colouring agent: **SULPHITE** ammonia caramel E150d), modified starch.

Allergens

Contains:

GLUTEN

SULPHITES

Kid's Chicken Nuggets & Fries

Halal Battered Chicken Nuggets

Chicken Breast Meat (57%), **WHEAT** flour, Maize Flour, Breadcrumb (**WHEAT** Flour, Salt), Modified Starch: E1420, **WHEAT** Semolina, **WHEAT** Starch, Raising Agents: E341, E450(i), E500(ii), Salt, Pepper, Sugar, Dextrose, Pepper Extract, **CELERY**, Flavouring, Anti-caking Agent: E551, Bamboo Fibre, Yeast Extract, Sunflower Oil.

Skin On Fries

Potatoes, Sunflower Oil, Coating 3% [Modified Starch, Rice Flour, Dextrin, Salt, Raising Agents (Diphosphates, Sodium Carbonate), Dextrose, Maltodextrin, Thickening Agent (Xanthan Gum), Spice Extract (Turmeric, Paprika)].

Everyday Favourites Baked Beans

Beans (53%), Tomatoes (25%), Water, Sugar, Glucose - Fructose Syrup, Modified Maize Starch, Salt, Onion Powder, Paprika, Flavourings.

Mixed Leaf Salad

Balsamic Glaze

Wine Vinegar (wine, antioxidant: E224 (contains **SULPHITES**)), concentrated grape must, fructose-glucose syrup, Balsamic Vinegar of Modena PGI 20% (wine vinegar (wine, antioxidant: E224, (contains **SULPHITES**)), concentrated grape must, colouring agent: **SULPHITE** ammonia caramel E150d), modified starch

Allergens

Contains:

WHEAT

CELERY

SULPHITES

Kid's Fish Fingers & Fries

Everyday Favourites Breaded MSC Minced Cod Fish Fingers

Minced Cod (Gadus Morhua) (**FISH**) (58%), **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin And Thiamin), Rapeseed Oil, Water, Yeast, Salt, Colours (Capsanthin, Curcumin), Turmeric.

Skin On Fries

Potatoes, Sunflower Oil, Coating 3% [Modified Starch, Rice Flour, Dextrin, Salt, Raising Agents (Diphosphates, Sodium Carbonate), Dextrose, Maltodextrin, Thickening Agent (Xanthan Gum), Spice Extract (Turmeric, Paprika)].

Everyday Favourites Baked Beans

Beans (53%), Tomatoes (25%), Water, Sugar, Glucose - Fructose Syrup, Modified Maize Starch, Salt, Onion Powder, Paprika, Flavourings.

Mixed Leaf Salad

Balsamic Glaze

Wine Vinegar (wine, antioxidant: E224 (contains **SULPHITES**)), concentrated grape must, fructose-glucose syrup, Balsamic Vinegar of Modena PGI 20% (wine vinegar (wine, antioxidant: E224, (contains **SULPHITES**)), concentrated grape must, colouring agent: **SULPHITE** ammonia caramel E150d), modified starch.

Allergens

Contains:

FISH

WHEAT

SULPHITES

Kid's Hot Dog & Fries

Uncle John's Premium Beechwood Smoked Bockwurst Sausage 7"

Pork (87%), Water, Salt, Dextrose, Spices, Thickener (Carrageenan), Spice Extracts, Antioxidants (Ascorbic Acid, Sodium Ascorbate), Yeast Extract, Stabiliser (Diphosphate), Glucose Syrup, Pork Protein, Preservative (Sodium Nitrite), Beechwood Smoke.

May Contain : CELERY, MUSTARD

Brioche Hot Dog Roll 6"

Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Folic Acid, Thiamin), Water, Butter (**MILK**), Pasteurised Liquid Whole **EGG** (7.2%), Sugar, Yeast, Glaze (Water, Vegetable Proteins (Pea, Potato, Faba Bean), Vegetable Oils (Rapeseed Oil, Sunflower Oil), Dextrose, Maltodextrin, Starch), Salt, Emulsifiers[Mono and di-glycerides of fatty acids, Sodium Stearoyl-2 Lactylate, Mono and di-acetyltartaric acid esters of mono and di-glycerides of fatty acids], **WHEAT** Flour, Palm Oil, Acidity Regulator [Acetic Acid], Flour treatment agent [Ascorbic Acid], Rapeseed Oil.

May Contain : Soybean

Ketchup

Tomato puree (made with 168g of tomatoes¹ per 100g ketchup), sugar, spirit vinegar, salt, natural flavourings. ¹Made from sustainably sourced tomatoes.

Mustard

Water, Spirit Vinegar, **MUSTARD** Seed (13%), Salt, Spices, Flavouring.

Mixed Leaf Salad

Balsamic Glaze

Wine Vinegar (wine, antioxidant: E224 (contains **SULPHITES**)), concentrated grape must, fructose-glucose syrup, Balsamic Vinegar of Modena PGI 20% (wine vinegar (wine, antioxidant: E224, (contains **SULPHITES**)), concentrated grape must, colouring agent: **SULPHITE** ammonia caramel E150d), modified starch

Skin On Fries

Potatoes, Sunflower Oil, Coating 3% [Modified Starch, Rice Flour, Dextrin, Salt, Raising Agents (Diphosphates, Sodium Carbonate), Dextrose, Maltodextrin, Thickening Agent (Xanthan Gum), Spice Extract (Turmeric, Paprika)].

Allergens

Contains:

GLUTEN
SULPHITES
EGGS

MILK
MUSTARD

May Contain

CELERY
SOYA

Kid's Pizza & Fries

Chicago Town Twin Four Cheese Pizza

WHEAT flour (with calcium, niacin (B3), iron, thiamin (B1)), tomato puree, **MOZZARELLA CHEESE** (15%), water, mature **CHEDDAR** (4.5%), vegetable oil (rapeseed), corn flour, **MONTEREY JACK CHEESE** (2.5%), **EMMENTAL CHEESE** (1%), yeast, sugar, maize starch, salt, modified potato starch, herbs and spices, garlic, flavourings.

May Contain **MUSTARD, SOYA**

Skin On Fries

Potatoes, Sunflower Oil, Coating 3% [Modified Starch, Rice Flour, Dextrin, Salt, Raising Agents (Diphosphates, Sodium Carbonate), Dextrose, Maltodextrin, Thickening Agent (Xanthan Gum), Spice Extract (Turmeric, Paprika)].

Everyday Favourites Baked Beans

Beans (53%), Tomatoes (25%), Water, Sugar, Glucose - Fructose Syrup, Modified Maize Starch, Salt, Onion Powder, Paprika, Flavourings.

Mixed Leaf Salad

Balsamic Glaze

Wine Vinegar (wine, antioxidant: E224 (contains **SULPHITES**)), concentrated grape must, fructose-glucose syrup, Balsamic Vinegar of Modena PGI 20% (wine vinegar (wine, antioxidant: E224, (contains **SULPHITES**)), concentrated grape must, colouring agent: **SULPHITE** ammonia caramel E150d), modified starch.

Allergens

Contains
GLUTEN
MILK
SULPHITES

May Contain
MUSTARD
SOYA

Bacon Bap

Flour Bap

WHEAT Flour (**WHEAT** Flour, Calcium Carbonate, Folic Acid, Iron, Niacin, Thiamin), Water, Sugar, Salt, Yeast, Rapeseed Oil, Emulsifiers (E471, E472e), Flour Treatment Agents (E300, E920).

May Contain : MILK, EGGS, SESAME.

Flora

Plant Oils (rapeseed, sunflower 18%, palm), water, salt (1.35%), plant-based emulsifier (lecithin), vinegar, natural flavourings, vitamin A.

Unsmoked Rindless Sliced Back Bacon

Pork (85%), Water, Salt, Antioxidant (Sodium Ascorbate), Preservatives, (Sodium Nitrite, Potassium Nitrate).

Allergens

Contains
GLUTEN

May Contain
MILK
EGG
SESAME

Sausage Bap

Flour Bap

WHEAT Flour (**WHEAT** Flour, Calcium Carbonate, Folic Acid, Iron, Niacin, Thiamin), Water, Sugar, Salt, Yeast, Rapeseed Oil, Emulsifiers (E471, E472e), Flour Treatment Agents (E300, E920).

May Contain : MILK, EGGS, SESAME.

Flora

Plant Oils (rapeseed, sunflower 18%, palm), water, salt (1.35%), plant-based emulsifier (lecithin), vinegar, natural flavourings, vitamin A.

Celtica Pork 8s Breakfast Sausages

Pork (72%), Water, Seasoning [Rusk [WHEAT Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Salt], Salt, Dextrose, Yeast Extract, Ground Black Pepper, Preservative (Sodium **SULPHITE**), Emulsifier (Triphosphates), Hydrolysed Vegetable Protein, Rice Flour, Herb (Parsley), Antioxidant (Ascorbic Acid), Spice Extracts, Herb Extracts], Beef Collagen Casing.

Allergens

Contains

GLUTEN

SULPHITES

May Contain

MILK

EGG

SESAME

Vegetarian Sausage Bap

Flour Bap

WHEAT Flour (**WHEAT** Flour, Calcium Carbonate, Folic Acid, Iron, Niacin, Thiamin), Water, Sugar, Salt, Yeast, Rapeseed Oil, Emulsifiers (E471, E472e), Flour Treatment Agents (E300, E920).

May Contain : MILK, EGGS, SESAME.

Flora

Plant Oils (rapeseed, sunflower 18%, palm), water, salt (1.35%), plant-based emulsifier (lecithin), vinegar, natural flavourings, vitamin A.

Quorn Vegan Cumberland Sausage

Mycoprotein (32%), Textured **WHEAT** Protein (**WHEAT** Flour, Stabiliser: Sodium Alginate), Water, Vegetable Oils (Rapeseed, Palm), Onions, Seasoning (Yeast Extract, Salt, Potassium Chloride, Herbs (Sage, Parsley), Fructose, White Pepper, Rusk (**WHEAT** Flour, Salt), **BARLEY** Malt Extract, Carrot Powder, Leek Powder, Sage Extract, Nutmeg Extract), Potato Protein, Rusk (**WHEAT** Flour, Salt, Yeast), **WHEAT** Gluten, Casing (Stabiliser: Sodium Alginate; Cellulose, Modified Starch), Potato Starch, Tapioca Starch, Firming Agent: Calcium Chloride; Pea Fibre.

Allergens

Contains
GLUTEN

May Contain
MILK
EGG
SESAME

Sausage & Bacon Bap

Flour Bap

WHEAT Flour (**WHEAT** Flour, Calcium Carbonate, Folic Acid, Iron, Niacin, Thiamin), Water, Sugar, Salt, Yeast, Rapeseed Oil, Emulsifiers (E471, E472e), Flour Treatment Agents (E300, E920).

May Contain : MILK, EGGS, SESAME.

Flora

Plant Oils (rapeseed, sunflower 18%, palm), water, salt (1.35%), plant-based emulsifier (lecithin), vinegar, natural flavourings, vitamin A.

Celtica Pork 8s Breakfast Sausages

Pork (72%), Water, Seasoning [Rusk [**WHEAT** Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Salt], Salt, Dextrose, Yeast Extract, Ground Black Pepper, Preservative (Sodium **SULPHITE**), Emulsifier (Triphosphates), Hydrolysed Vegetable Protein, Rice Flour, Herb (Parsley), Antioxidant (Ascorbic Acid), Spice Extracts, Herb Extracts], Beef Collagen Casing.

Unsmoked Rindless Sliced Back Bacon

Pork (85%), Water, Salt, Antioxidant (Sodium Ascorbate), Preservatives, (Sodium Nitrite, Potassium Nitrate).

Allergens

Contains
GLUTEN
SULPHITES

May Contain
MILK
EGG
SESAME

Fish Finger Bap

Flour Bap

WHEAT Flour (**WHEAT** Flour, Calcium Carbonate, Folic Acid, Iron, Niacin, Thiamin), Water, Sugar, Salt, Yeast, Rapeseed Oil, Emulsifiers (E471, E472e), Flour Treatment Agents (E300, E920).

May Contain : MILK, EGGS, SESAME.

Flora

Plant Oils (rapeseed, sunflower 18%, palm), water, salt (1.35%), plant-based emulsifier (lecithin), vinegar, natural flavourings, vitamin A.

Everyday Favourites Breaded MSC Minced Cod Fish Fingers

Minced Cod (Gadus Morhua) (**FISH**) (58%), **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin And Thiamin), Rapeseed Oil, Water, Yeast, Salt, Colours (Capsanthin, Curcumin), Turmeric.

Allergens

Contains

GLUTEN

SULPHITES

FISH

May Contain

MILK

EGG

SESAME

B.L.T

Flour Bap

WHEAT Flour (**WHEAT** Flour, Calcium Carbonate, Folic Acid, Iron, Niacin, Thiamin), Water, Sugar, Salt, Yeast, Rapeseed Oil, Emulsifiers (E471, E472e), Flour Treatment Agents (E300, E920).

May Contain : MILK, EGGS, SESAME.

Flora

Plant Oils (rapeseed, sunflower 18%, palm), water, salt (1.35%), plant-based emulsifier (lecithin), vinegar, natural flavourings, vitamin A.

Unsmoked Rindless Sliced Back Bacon

Pork (85%), Water, Salt, Antioxidant (Sodium Ascorbate), Preservatives, (Sodium Nitrite, Potassium Nitrate).

Lettuce

Tomato

Allergens

Contains
GLUTEN

May Contain
MILK
EGG
SESAME

Fries

Skin On Fries

Potatoes, Sunflower Oil, Coating 3% [Modified Starch, Rice Flour, Dextrin, Salt, Raising Agents (Diphosphates, Sodium Carbonate), Dextrose, Maltodextrin, Thickening Agent (Xanthan Gum), Spice Extract (Turmeric, Paprika)].

For allergen information on fries toppings, please use the next slides.

Allergens

Fries with Cheese

Skin On Fries

Potatoes, Sunflower Oil, Coating 3% [Modified Starch, Rice Flour, Dextrin, Salt, Raising Agents (Diphosphates, Sodium Carbonate), Dextrose, Maltodextrin, Thickening Agent (Xanthan Gum), Spice Extract (Turmeric, Paprika)].

Everyday Favourites Grated Mid White Cheddar

Cheddar Cheese (**MILK**), Anti-caking Agent: Potato Starch.

Allergens

Contains
MILK

Fries with Bacon

Skin On Fries

Potatoes, Sunflower Oil, Coating 3% [Modified Starch, Rice Flour, Dextrin, Salt, Raising Agents (Diphosphates, Sodium Carbonate), Dextrose, Maltodextrin, Thickening Agent (Xanthan Gum), Spice Extract (Turmeric, Paprika)].

Unsmoked Rindless Sliced Back Bacon

Pork (85%), Water, Salt, Antioxidant (Sodium Ascorbate), Preservatives, (Sodium Nitrite, Potassium Nitrate).

Allergens

Fries with Baked Beans

Skin On Fries

Potatoes, Sunflower Oil, Coating 3% [Modified Starch, Rice Flour, Dextrin, Salt, Raising Agents (Diphosphates, Sodium Carbonate), Dextrose, Maltodextrin, Thickening Agent (Xanthan Gum), Spice Extract (Turmeric, Paprika)].

Everyday Favourites Baked Beans

Beans (53%), Tomatoes (25%), Water, Sugar, Glucose - Fructose Syrup, Modified Maize Starch, Salt, Onion Powder, Paprika, Flavourings.

Heinz Baked Beans

Beans (51%), Tomatoes (34%), Water, Sugar, Spirit Vinegar, Modified Cornflour, Salt, Spice Extracts, Herb Extract.

Allergens

Fries with Gravy

Skin On Fries

Potatoes, Sunflower Oil, Coating 3% [Modified Starch, Rice Flour, Dextrin, Salt, Raising Agents (Diphosphates, Sodium Carbonate), Dextrose, Maltodextrin, Thickening Agent (Xanthan Gum), Spice Extract (Turmeric, Paprika)].

Bisto Gluten Free Vegan Gravy

Maltodextrin, Potato Starch, Salt, Colour (Plain Caramel), Flavourings, Vegetable Oils (Palm, Rapeseed, Sunflower), Sugar, Onion Powder, Stabiliser (Guar Gum), Yeast Extract.

Allergens

Onion Rings

Greens Battered Onion Rings

Diced onion (59%), **WHEAT** flour (calcium, iron, niacin, thiamine), Rapeseed oil, **WHEAT** Starch, Tapioca Starch, Salt, Dehydrated onion, Raising agents (E450i, E500ii), Dextrose, Gelling agent (E401).

Allergens

Contains
GLUTEN

Mozzarella Sticks

Chef's Selections Breaded Mozzarella Sticks

Seasoned Breadcrumb (52%) (**WHEAT** Flour, Water, Sunflower Oil, Maize Starch, Salt, Yeast, Potato Flakes, Pea Protein, Dehydrated Onion, Black Pepper, Dehydrated Parsley, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Stabiliser (Methyl Cellulose), Garlic Powder, Flavouring, Dextrose, Colour (Riboflavin)), Mozzarella Cheese (**MILK**) (48%).

May contain **MUSTARD, SOYA**

Allergens

Contains
GLUTEN
MILK

May Contain
MUSTARD
SOYA

Mac n Cheese Bites

Carisma Nacho Coated Mac & Cheese Bites

Macaroni (27%) (**WHEAT**) Semolina (Gluten)), (**WHEAT**) Flour (Gluten), Water, (Cheddar Cheese) (**MILK**) (18%), Mozzarella (**MILK**) (6%), Sunflower Oil, Starch, Modified Starch, Salt, Yeast, Cornflakes, Pea Protein, Butter (**MILK**), Whey Powder (**MILK**), (**MILK**) Protein, Flavourings, Onion Powder, Garlic Powder, Raising Agents (Diphosphates, Sodium Bicarbonate), Stabilizer (Methyl Cellulose), Acidity Regulator (Lactic Acid), Colours (Beta Carotene, Paprika Extract, Riboflavin-5 -Phosphate).

May contain **MUSTARD, SOYA**

Allergens

Contains
GLUTEN

May Contain
MUSTARD
SOYA